

Consultation & Brief Services

We provide services designed for parents/caregivers looking to consult with our clinical team or looking for support in implementing strategies or navigating resources for their child/youth.

Brief parent consultation or service coordination (1-3 sessions based on complexity; \$125 per session)

Do you have specific questions about your child's development and need answers? Perhaps there is a specific behaviour or challenge and you want to talk it through with an understanding professional. Are you looking for further strategies, services, or next steps, or feeling like you still are "missing something"? Or maybe your child has recently gotten a diagnosis such as a Learning Disability, ADHD or Autism Spectrum Disorder and you are wondering about next steps or services in the community. We offer brief, targeted consultation to parents to address particular questions, problems, or to help link your family to relevant community services.